## HESCH INSTITUTE AND HESCH HOME COVID PROTOCOL 1

We are concerned for your safety. This is a home office. Therefore, this protocol applies to all persons entering the property. This protocol is compliant with and exceeds the October 28, 2020 recommendation from the Colorado Chapter American Physical Therapy Association.

Please note that we understand that on occasion you may forget to pack your mask and we have extra N95 masks available.

- N95 masks will be worn by all parties inside the home/office at all times guests are present. We can provide you with one if you do not have a N95 mask.
- Guest will remove shoes upon entering home/business and will wash their hands for 30-seconds with liquid antimicrobial soap or hand sanitizer which is in multiple locations throughout the house including treatment room, entryway, bathroom and living room.
- Patients and guests may have forehead temperature checks upon arrival. A temperature of 100.4 will require that the visit be cancelled until cleared by a medical doctor (MD, DO, PA, NP).
- Jerry and Karin Hesch will wash their hands with alcohol-based hand rubs with 60-95% alcohol or wash hands for thirty seconds with antimicrobial soap before and after patient interactions.
- After each client leaves the treatment room and whole house will be aired open with open windows and fans for 5-minutes.
- Daily the floors will be vacuumed, and sofas disinfected.
- Guest bathroom and treatment room will be disinfected daily using CDC approved disinfectants (IN-CIDE® an antiviral, antibacterial, antifungicide and antigerm sanitizer).
- Treatment table will be disinfected after each use.
- 3M 2200-Filtration (best available) Filtrete 13 MPV HEPA filters are used in the heating and cooling system.

Please let me know if you should have any questions or concerns. Sincerely,

DR Jerry Herch, MHS, PT, D	PT	
Date:	_ Signature:	
Name:		
By JH 10/28/2020 Updated 01/01/2021		