
Jordan's Story

Jordan's mother was desperate for answers for the cause of her son's pain. Over a year of frequent trips to the ER, pediatricians, orthopedists, and therapists yielded no solution to what was causing the pain. Jordan's condition worsened and he was no longer able to attend school. His mother recalls "There were four months where he could not sit up straight and he could barely walk."

Then she finally found a physical therapist who told her about the Hesch Method . . .

When Jordan came to see Jerry, he could barely walk with the assistance of a cane. After a full body examination Jerry treated Jordan for a Downslip Ilium (which is a form of sacroiliac joint dysfunction). Immediately after the treatment, Jordan was able to walk unassisted. After two visits he could walk normally and returned to school and sports activities.

Jordan's mother recently posted this comment on Facebook:

"Dear Jerry, I just revisited the downslip video of Jordan from 3 years ago. It brought me to tears. Thank you for helping him walk correctly again. Thank you for being a genius. Your work is amazing. I am so glad that you did the video and you are able to help others. Jordan is doing well."

You can see his mother's video, recapping Jordan's journey on YouTube by searching **Downslip Jordan's Story**. You can also view a summary of Jordan's treatment on YouTube by searching **Jordan's Sacroiliac Downslip Ilium Treatment Summary**.



Jerry Hesch has 35 years of experience in treating complex chronic pain patients. He has developed many helpful techniques, and is known not only as a hands on clinician, but also as an educator. He has presented over 100 workshops, authored and co-authored several books and presented papers at state, national and international conferences on his alternative treatment techniques.

Jerry's injuries from an automobile accident left him frustrated with traditional and non-traditional treatment methods that yielded unsatisfactory results. Determined to find a better way, Jerry developed the Hesch Method. This method of treatment examines the whole body, so that the source of the problem can be discovered and resolved, even if the source is not just the symptomatic area: but rather includes linked, non-painful, relevant areas. This is a natural treatment personalized for each patient's unique body, using corrective techniques that allow the body to respond from within, while applying very gentle hands on correction. This alternative method of treatment resolves musculoskeletal pain issues quickly by getting to the root of the problem. Unlike other approaches that require long term repetitive treatment, this approach focuses on achieving the patient's goals within a few visits.

Jerry is a licensed Physical Therapist, has a Masters of Health Science and is currently working on his doctorate in physical therapy.

In addition to being a passionate clinician, Jerry is the father of four, and has four young grandchildren. His favorite pastime is spending time with his family, reading and dabbling in glass art.

To See Videos go to YouTube: **Hesch Institute**
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Are You in Pain?



Whole Body Treatment for Pain Relief

Introducing:

The Hesch Method™

Chronic Pain?

Are you frustrated?

- ◆ Do you regularly take medication?
- ◆ Does pain limit your enjoyment of life?
- ◆ Is pain distracting you at work?
- ◆ Do you have trouble sleeping?
- ◆ Are you frustrated that repeated treatment provides only short-term relief?
- ◆ Do you wonder why only part of the painful areas are being treated?

There is a new alternative . . .

Like a house, your body relies on a solid foundation. The foundation of the body consists of linked structures including the foot & the ankle, the knee, the hip, the sacroiliac & pelvis, and low back, upper back and rib cage, neck shoulders and arms.

Repeat treatment won't solve the problem until these linked structures work together in perfect harmony.

The Hesch Method recognizes that acute and chronic muscle and joint pain may be a result of postural misalignment and movement dysfunction and therefore uses a whole body evaluation to discover the cause(s) of the pain. Using a unique, gentle treatment the Hesch Method realigns and normalizes joint mobility, releases tight muscles and fascia and integrates these linked structures.

Whole body treatment is not just a cliché, it is what we do.

The Hesch Method achieves positive change beginning with the first treatment. The goal of the Hesch Method is to restore normal movement throughout the body.

Education and preventive measures are included with the treatment to eliminate dependency on repeated treatment. Non-painful areas are integrated in treatment because they actually affect the painful areas. This is a unique attribute of the Hesch Method.

Benefits include:

- ◆ Concentration on cause
- ◆ Definitive whole-body care
- ◆ Economic & convenient treatment
- ◆ Real answers in a timely manner
- ◆ Lasting pain relief
- ◆ Preventative whole-body screening
- ◆ Economic & convenient treatment

"Our bodies are fairly basic and logical for all their elegance in design. Hesch Method effectively provides a logical integrative system that quickly realizes significant benefits. It is a contemporary alternative to the long-term repetitive treatment methods." - Jerry Hesch, PT, MHS, DPR(s)

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Read what others have said . . .

"I heard about some great results from Mr. Hesch's work. I went to see Mr. Hesch and after the first visit I thought he did more for me than all the chiropractors, osteopaths, and any other healers that I had seen in the past 20 years."

-Don Phillips, Nevada

"I saw Jerry Hesch for shoulder and back pain, seven years after an auto accident. I was told by one doctor just to live with it, while another told me to sign up for 40 weekly visits. Jerry's treatment took just five minutes and the issue was resolved"

-Scott, Fireman, Nevada

"I cannot say enough about this gentle, patient man with a God given ability to help people. For me, he found what no Doctor or test could. I was labeled with a complicated, untreatable condition. Jerry helped me get my life back in just a few sessions."

-Cheryl, Maryland

"I used to go for adjustment often, until I saw Jerry, and he found that limited hip motion caused my pelvis to put stress on my low back. By treating my hip, which was the cause of my problem, I no longer need adjustments for my back pain. He taught me a lot."

-John K., Retired plumber, Nevada

"Jerry taught me that my neck pain & headaches were a reflex compensation because my hip joints were very tight. I never would have thought that I could feel this good by getting treatment to my hips. It seems that Jerry knows something other clinicians do not."

-Alex, Fund Manager & Professional poker player,
New Jersey

