

# **The Advanced Hesch Method of Treating Sacroiliac Joint & Pubic Joint Dysfunction Home Study**

The Advanced Hesch Method of Treating SIJD home study is designed for students who have already attended a Basic/Intermediate Lumbopelvic Hesch Method seminar or completed a Hesch Institute Lumbopelvic distance learning program. This home study covers some traditional SIJ movement dysfunctions while introducing some that are unique to the Hesch Method biomechanical model. It also addresses pubic joint dysfunctions and coccygeal dysfunctions both traditional and patterns unique to the Hesch Biomechanical model. An optional post-test is provided.

## **Video Contents**

### **Video 1:**

Covers some pertinent traditional SIJ movement dysfunctions, which are reinterpreted with respect to evaluations and treatment, and provides theory to explain why some are not valid. It introduces 5 novel patterns unique to the Hesch Method.

### **Video 2:**

Covers 10 novel dysfunctions of the pelvic complex including the pubic joint and coccygeal joints which are unique to the Hesch Method biomechanical model. This includes evaluation and treatment. A novel interpretation of the fundamental biomechanics of traumatic Symphyseal Diastasis (traumatic birth) with MRI images are presented. Evaluation and treatment is included.

# Return and Refund Policy

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