



HESCH

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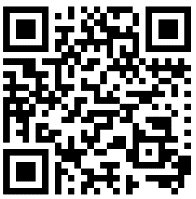
**PRESENTS:**

**DEMYSTIFYING THE PELVIS**

***PLEASE SHARE WITH YOUR COLLEAGUES***

**Course Highlights**

* Appropriate for all levels of skill for PTs, PTAs, ATs, MDs, DCs, DOs and Rolfers
* The advantages of the contemporary and innovative Hesch Method is compared and contrasted with various traditional models
* Numerous hands-on laboratory sessions, wherein participants perform, receive and observe treatment
* User-friendly manual of over 250 pages
* Accurate palpation and joint spring testing skill development
* Learn gentle, effective long-lasting intervention and dense connective tissue release
* Teaches self-treatment techniques



**15 CE Hours Approved by NCBTMB**

**A 15 - HOUR, 2- DAY COURSE FOR**

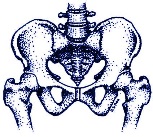
**PTs  PTAs  Massage Therapists **

**ATCs  MDs  DOs  DCs  Rolfers**

**25837 E. Maple Place, Aurora, CO 80018**

**Phone: 303-366-9445, Fax: 303-366-9998**

**www.HeschInstitute.com**



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***“The Hesch Method changed my practice. I have used it daily for 15 years.”***

**- Cara Ogren, DPT**



***“I brought some of my failed cases back and they responded very positively to the Hesch Method.”***

**- Scott Burch, MS, PT**

**Lumbopelvic Course Instructor**

**Course Objectives**

At the conclusion of the seminar, the participants will have integrated competencies in which they can:

* Analyze the significant limitations of the symmetrical/ asymmetrical and alignment theory of SIJD
* Discuss studies which undergird this method
* Identify distal compensations within a whole body perspective
* Describe joint, neuromuscular, posture and movement models
* Proficiently perform palpation and spring testing and treat hypomobilities and hypermobility
* Using Clinical Prediction Rules, competently evaluate and treat common patterns of *symmetrical* *and asymmetrical* dysfunction and prescribe effective exercise, and self-care
* Competently address pathomechanics of the entire pelvis as *separate and distinct from the sacroiliac joint*

*“I’ve had nothing but positive feedback. All of the therapists tried it and were so excited that it actually made sense and seemed to just make everything about the patient’s problems CLICK.”*

**Jill Irion, PT Supervisor, Norwalk, OH**

**Integrating Function in the Pelvis, Sacroiliac, Symphysis Pubis, Hip, and Lumbar Spine**



**Presenter: Jerry Hesch, DPT, MHS, PT**

**Hesch Institute, Ltd. Aurora, Colorado**

**August 6-7, 2016**

**Aurora, Colorado**

**August 6, 7, 2016**

**Course Fees**:

**$525.00** Standard registration

*(ask about group discounts for 4 or more)*

**Please register online at: www.HeschInstitute.com/registration**

**Or EMAIL or FAX registration to reserve your slot.** Confirmations are sent upon receipt of registration.

**Name:** (print)

**Title:**

**Facility:**

**Mailing Address:**  Home or  Office

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**HESCH INSTITUTE**

25837 E. Maple Place, Aurora, CO 80018

Phone: 303-366-9445/FAX: 303-366-9998

Email: Info@HeschInstitute.com

Web: www.heschinstitute.com

**PAYMENT MUST BE RECEIVED BY 08/05/16**

No refunds after 09/28/15. Cancellations prior 09/28/15 will receive a refund, less $50 for administrative costs. Cancellations after 09/28/15 will receive credit for a future seminar or Distance Learning. In the event of a course cancellation a full refund will be given, or funds can be applied to a future seminar or Distance Learning.

**REGISTRATION FORM**

While the pain prediction model has research support, it does not yield a systematic integrative treatment model. This workshop fills that void by appropriately emphasizing a systematic approach to the integration of the hip and pelvis, as together they form the foundation of the lumbar spine.

The Hesch Method presents a unique approach to evaluation which differentiates between micro-intrinsic joint dysfunction and macro-extrinsic movement dysfunction. The practitioner can thoroughly assess the lumbopelvic structure in all planes of the body, thus demystifying complex pathomechanics. This approach uses language that is clear and easy to understand.

Simple intervention can be very effective. This course teaches manual therapy skills that are readily accessible and immediately applicable. Clinicians consistently report confidence in the clinical application of this evaluation and treatment paradigm.

Treatment using gentle, low-load, long-duration input goes beyond brief elastic deformation into long lasting (plastic) reorganization of dense connective tissue. This facilitates efficient neuromotor reprogramming.

Several Independent studies and a research thesis demonstrated that brief Hesch Method treatment results in significant pain relief and increased SLR. Multiple studies showed poor to fair inter-tester reliability of palpation & movement tests, whereas this approach has moderate intertester reliability.

This approach is very efficient and by the third visit the pattern resolution is stable and is easily maintained such that focus can then be directed on overall rehabilitation with much greater efficiency.

*“In 8 years of practice I took 3 SI courses but never felt comfortable enough to properly assess & treat SIJD. I’m very comfortable & confident treating SIJ now!”*

**Ridhima Wason, DPT, Indianapolis, IN**

**The Hesch Method**

**Lumbopelvic-Hip Course**

**Additional Information**

For questions contact the Hesch Institute

[Info@Heschinstitute.com](mailto:Info@Heschinstitute.com)

303-366-9445

**Workshop Dates & Times**

Saturday & Sunday, August 6, 7, 2016

8:00 am – 5:00 pm

**Course Location**

Hesch Institute

25837 E Maple PL

Aurora, Colorado

**Please dress comfortably for lab practice**

**What Makes This**

**Approach Unique?**

The traditional physical therapy model of evaluation and treatment of the pelvic joints can be traced back to Fred Mitchell Sr.’s article titled “*Structural Pelvic Function*” published in 1958 (osteopathic literature AAOS). Although useful at that time, and utilized in the development of the Muscle Energy Treatment (MET) as developed in the 1970’s, it also had a significant influence on the overall Manual Therapy approach.

Over the course of 3 decades, the Hesch Institute has significantly reinterpreted this 55-year old model through the use of contemporary research. The traditional model names singular patterns of movement dysfunction. Consistent with how the body functions, group patterns are now identified. This yields clarity, predictability and a lucid road map leading to clinical prediction rules and alternative treatment that yields lasting results. Clinicians find this method to be more congruent to how the pelvis actually behaves, making it much more user-friendly, relevant and effective, in a logical format, eliminating the need for rote memorization.

*"Much less confusing than the traditional and muscle energy model. I can apply it right away in the clinic and quickly achieve lasting change.”*

**John Bolin, San Diego, CA**

**REGISTRATION FORM**