

For Course Outline please see the Education Tab at www.HeschInstitute.com

Course Description

Traditionally, joint dysfunction, and dense connective tissue restrictions have been evaluated from the perspective of addressing a patient's primary complaint, that of a symptom-producing dysfunction. If not symptomatic, major joints are typically not evaluated beyond posture and gross motion. Yet recent works have brought forth the concept of regional-dependence. For example, the role of thoracic mobilization for the treatment of primary neck pain and motion restriction has lent support to that concept. In a much larger context, the entire body is in fact an integrated whole.

This work uses the term interregional interdependence to describe how segments that are very distal from each other can be interlinked. For example, treating the subtalar joint can have reflexogenic effects on the C1 spinal segment, a common site of rotational compensation. In essence, for every rotation (or flexion, extension, side bent segment, AP/PA glide, L/R side-glide) that is maintained, such as occurs with chronic injury, there is a distal counter-movement fixation. At times, the distal segment becomes symptomatic while the proximal remains relatively silent. Treating the distal can frustrate, whereas identifying the proximal foundational dysfunction can be very rewarding.

This approach to evaluation and treatment uses a whole-body perspective, and quickly screens all related articulations in a variety of contexts, including relevant symptomatic and asymptomatic segments, with the end goal being to efficiently "connect the dots", and provide effective care. Treatment for chronic restrictions utilizes fundamental properties of connective tissue, effectively yielding to small sustained forces, providing long-term benefit and lasting patient-satisfaction.

"I brought some of my failed cases back and they responded very positively to the Hesch Method".

*-Scott Burch, MS, PT
Norfolk, Virginia*

What Makes This Approach Unique?

Our bodies are fairly-basic and logical for all their elegance of design. Treatment logically follows in a common-sense, straight-forward manner. Over the course of 3 decades, the Hesch Institute has significantly reinterpreted aspects of traditional manual therapy models through the use of contemporary research, and tenacious commitment and exploration.

The traditional model typically names singular patterns of movement dysfunction. Consistent with how the body functions, these patterns are now identified within a whole-body perspective. This yields clarity, predictability, and a lucid road map, leading to clinical prescription rules and alternative treatments that yield lasting results. Clinicians find this method to be more congruent with how the body actually behaves, making it much more user-friendly, relevant and effective.

Additional Information

For questions contact the Hesch Institute
Web: www.heschinstitute.com
Info@HeschInstitute.com
303-366-9445

Workshop Dates & Times:

Saturday & Sunday
8:00 am – 5:00 pm

Course Location:

Please dress comfortably for lab practice.

Suggested Hotel:

REGISTRATION FORM

The Whole-Body Hands-On Workshop

Course Fees: \$200



Early Bird Discount: \$20 .00

Registration Deadline:

Please register early, workshop is limited

Please register online at:

www.HeschInstitute.com/registration

Or EMAIL or FAX registration to reserve your slot.

Fax: 303-366-9998 Confirmation is sent upon receipt of registration.

Name: (print) _____

Title: _____

Facility: _____

Mailing Address: Home or Office

_____ ZIP _____

E-mail: _____

Work: (_____) _____

Home: (_____) _____

Cell: (_____) _____

Payment Method: Check Credit Card

Name on card: _____

Card #: _____ Exp. ____/____

Billing Address: Same as above CVV _____

(if different, please attach)

Signature: _____

Please make checks payable to Hesch Institute and mail to:

HESCH INSTITUTE

25837 E. Maple Place, Aurora, CO 80018

Phone: 303-366-9445 FAX: 303-366-9998

Email: Info@HeschInstitute.com

No refunds after _____. Cancellations prior to _____ will receive a refund, less \$25 for administrative costs. Cancellations _____ will receive credit for a future seminar or Distance Learning. In the event of a course cancellation by Hesch Institute, a full refund will be given, or upon request funds can be applied to a future seminar or Distance Learning.